



So Much Begins With A Smile™

Always welcoming new patients! Call (437) 372-5587

When you visit *Central Dental Group*, you're visiting a friendly office with exceptional service led by Dr. Jordan Soll, (who you may recognize from CityLine with Tracy Moore)! Our commitment to your family is personalized dental care provided by one dentist who knows you and your family's individual needs.

We'll make your entire family SMILE:

1. No need to take time off school or work – convenient early and late appointments, we're wheelchair accessible and located near Eglinton Subway Station.
2. Wide range of services from hygiene care to ensure healthy gum tissue to complete smile makeovers.
3. Comprehensive treatments include BioClear bonding to close gaps, teeth whitening, veneers, crown & bridge, and dental implants.

We want everyone to enjoy the benefits of excellent oral health and a healthy dazzling smile. Call today!

Actual patients



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Early Morning & Evening Appointments Available

Convenient Subway Access
Via Eglinton Station.

NEW PATIENTS!

COMPLIMENTARY CONSULTATION

Use this appointment to check out our facilities and, if you have a dental concern or need, receive a 2nd opinion.

New, Delicious & Healthy

Recipe Inside!

Smile!

Cosmetic options abound!

If you answer *yes* to any of these statements, we can offer you cosmetic options that will have you smiling!

Check all that apply:

- ☐ I'm unhappy with my tooth shape
- ☐ I have gaps between my teeth
- ☐ I have crowded teeth
- ☐ My teeth are stained
- ☐ I cover my smile with my hand
- ☐ I sometimes avoid smiling or laughing.

Just because you weren't born with a perfect smile doesn't mean you can't have one. We're here in your neighborhood to help you look your best!

CALL TODAY FOR AN APPOINTMENT!

crowns & whitening



before



after



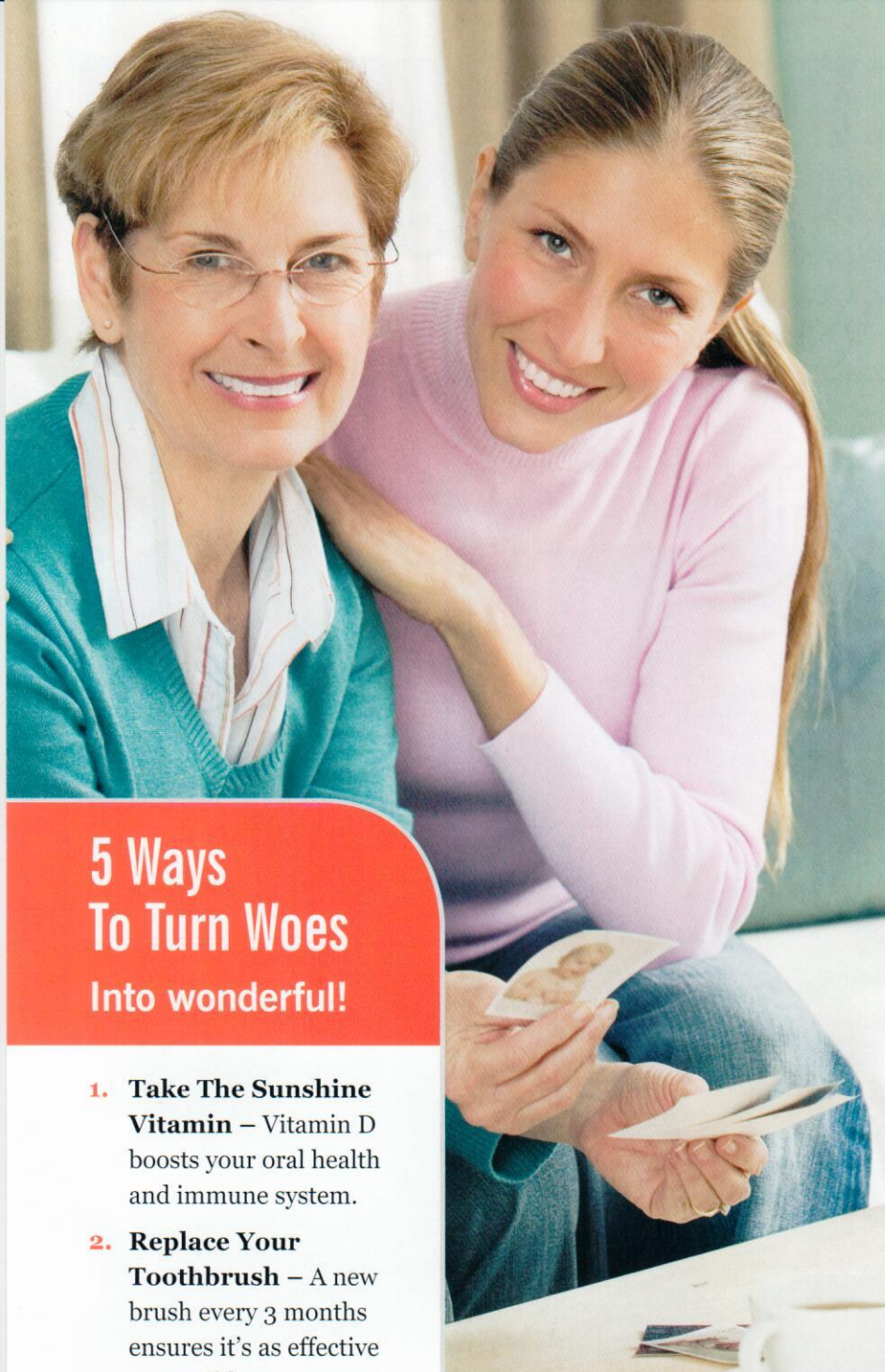
Carrot Soup

Super-simple comfort in a bowl, this carrot soup is a snap to prepare with ingredients that are easy to keep on hand.

You need...

- 1 onion, 1/2 lb carrots, 2 large potatoes, peeled and chopped
- 4 cups vegetable stock
- 1 tbsp butter
- salt and pepper to taste
- grated ginger (optional)

In a large pot, lightly sauté chopped onion in butter and add all ingredients except seasonings. Simmer until carrots and potatoes are tender, about 20 minutes. Blend until smooth, add seasoning, and enjoy. Make a double batch and freeze the leftovers!



5 Ways To Turn Woes Into wonderful!

- 1. Take The Sunshine Vitamin** – Vitamin D boosts your oral health and immune system.
- 2. Replace Your Toothbrush** – A new brush every 3 months ensures it's as effective as possible.
- 3. Exercise** – Strength and balance workouts can reduce falls and improve self-confidence.
- 4. Embrace The Outdoors** – Enjoy as much sun and fresh air as you can.
- 5. Swap Sluggish For Sparkling** – Nurture and enjoy your friendships. Stay engaged with the world!

Breathe Easier

We can reduce your pneumonia risk

University researchers suggest that you can reduce your risk for pneumonia with regular dental appointments!

Though the exact connection is not clear...

- People who reported never seeing a dentist experienced a higher incidence of pneumonia than those who received regular dental care.
- For those who only receive intermittent dental care, this risk remains 86% higher than for those who receive consistent dental care.

Researchers suspect that...

- When you receive regular dental care, you have fewer bacteria in your mouth that you could inhale into your lungs. Fewer bacteria equals less infection.

You also need to know...

- Oral bacteria can lead to gum disease which contributes to tooth loss and other illnesses like diabetes and cancer.

We can help by providing you with compassionate consistent professional care. Book your teeth cleaning today!

Sweet Success: When less is more!

Reducing your sugar consumption is very important for your health and reducing its frequency is critical for your *oral* health.

Why? When sugar feeds oral bacteria without interruption, your natural defenses, like saliva, can't wash the resulting acid away fast enough.

You can't control every factor that contributes to tooth decay, but you can control how much – and how often – you eat sugar. We have seen incredible improvements in our patients who regulate their sugar consumption.

Tooth decay can be prevented ... and we are committed to helping you achieve sweet success!



We help you understand your insurance
so you can achieve the greatest benefit
from your dental plan



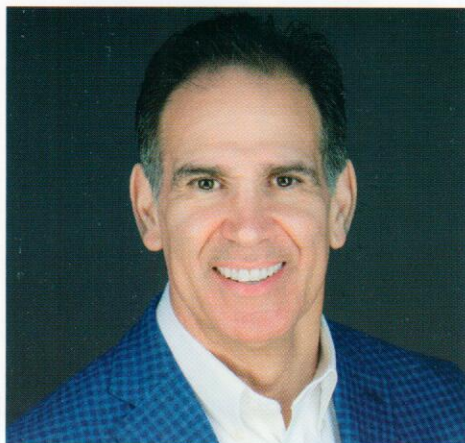
- We will submit claims on behalf of our patients to ensure you receive prompt reimbursement
- We quote all costs before treatment with no hidden fees

Call Our Team Today!

About Dr. Jordan Soll

Individualized treatment and optimal oral health are Dr. Jordan Soll's main goals for your family's dental care.

- Dr. Soll understands that "*so much begins with a smile™*", when choosing between medical professions, he chose dentistry because of the benefits good oral health has on a person's life.
- For over 30 years Dr. Soll has enjoyed giving his patients reasons to smile. As an owner/operator, he has been serving the Mid-Town area since 2008.



Dr. Jordan Soll

- Dedicated to helping people in and out of the practice, Dr. Soll is an active supporter of the Cardiac Unit at Sick Kids Hospital.

We look forward to welcoming you to our practice family. Call today!

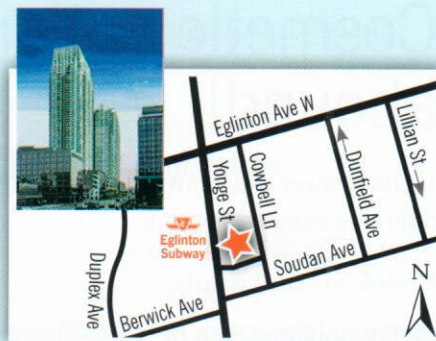


Call Today! (437) 372-5587

Central Dental Group

2179 Yonge St, Suite 201

Your Yonge & Eglinton Dental Choice



(437) 372-5587

- Same day appointments with walk-ins welcome
- Multi languages spoken including English, Vietnamese, Cantonese, Spanish & Italian
- Oral cancer screening
- Computer assisted local anesthetic technology (The Wand)
- Custom sportsguards & nightguards

Visit our website

to learn more and see
what our patients
have to say about us!

centraldentalgroup.com