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ANCEMENT • WELLNESS

OUR HOLIDAY GIFT GUIDE

50+ WAYS TO MAKE YOUR FESTIVE SEASON SHINE

REFRESH YOURSELF!

OUR ANNUAL FILLERS & INJECTABLES GUIDE



Tracy Moore

CITYLINE'S HOST SHARES HER SECRET TO SOLID SELF-AWARENESS

Mindful Mantra

PRIME YOUR
MENTAL
HEALTH FOR
THE NEW
YEAR

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YOUR *smile*

THE LATEST DENTAL INNOVATION HELPS TO FILL IN THE GAP

As gums recede over time, the empty space that appears between gums and teeth shows up as what experts refer to as black triangles. When you smile, the resulting gap (also known as open gingival embrasures) has you seeing right through the gap and into the darkness of the mouth. Often treated with porcelain veneers, there's now another less intrusive option available—the Bioclear Matrix System.

What Causes Black Triangles?

There are several causes for black triangles other than natural aging. Other factors include traumatic injury, periodontal disease, the positioning of the teeth and poorly done dental work.

Black triangles are not only visually unappealing, they can also lead to dental health issues down the road, with the open gap collecting food, bacteria and housing excessive plaque which in some cases, can lead to bone loss and periodontal disease.

The Bioclear Matrix System Process:

Dr. Jordan Soll, BSc, DDS, DIP, ABAD of Aesthetics in Dentistry in Toronto, is one of two Toronto area dentists who are certified Bioclear practitioners—a process which involves taking a series of courses taught by Bioclear Matrix System founder Dr. David Clark from Tacoma, Washington.

Perfect for visible teeth—the front upper or lower six teeth “from one canine to the other” as Dr. Soll specifies, the Bioclear Matrix System treatment takes approximately an hour per triangle. It starts with a thorough cleaning of the area to ensure that there are no chances of staining post-application. Once the area is cleaned, curved matrices are applied, followed by an application of the filling material, which is sculpted to the shape of the area and hardens accordingly. Finally, a “Rockstar Polish” is applied in a three-step process, which gives an “exceptionally high luster” to the area. The entire treatment is nonsurgical—Dr. Soll says 99% of the time he doesn't freeze the patient—therefore, those with a fear of needles need not lose any sleep.

Cost and Post Treatment:

The cost for each triangle cost is approximately \$850—half the fee of a porcelain veneer—and it's worth taking into account the rare specialty of this practice, coupled with the fact that results from this procedure pay off in the long run. Depending on time, multiple triangles can be treated at once and all in all, “it's one appointment and you walk out looking like a million bucks,” enthuses Dr. Soll.

And post treatment? Other than coming back for an optional polish, there aren't any post-care instructions or instances of having to refill the area meaning the treatment is a one-time occurrence which lasts a lifetime.

Dr. Soll explains that this isn't a replacement for porcelain veneers. The Bioclear Matrix System is another game-changing option. “If you're a really good clinician you have a whole bag of tricks. This is one additional trick within your bag.”

BEFORE



AFTER



PHOTOS: THINKSTOCK; AESTHETICS IN DENTISTRY (BEFORE AND AFTER PHOTOS)